



# **ALLERGY GUIDE: WINTER 2019**

## ALLERGY GUIDE

Our guide details the allergenic ingredients that can be found in our food. In addition to this we also detail dishes that are suitable for vegetarians and vegans and products that, whilst are free from a particular allergen, could be subject to cross-contamination during cooking.

We also have an avoiding gluten, vegan and avoiding dairy guide to help you make the right choice for you. Modifications can be found against specific dishes in red brackets.

Product marked with “\*” indicate that whilst these products do not contain the listed allergen, our lovely suppliers have asked us to warn you that one of the component ingredients is made in an environment where this allergen is present . Therefore, cross-contamination, whilst unlikely, is possible.

**If you have any questions, please speak to a member of the management team.**

We list the following allergens in this guide.

- **CELERY**
- **CEREALS CONTAINING GLUTEN** (BARLEY, OATS, RYE, WHEAT)
- **CRUSTACEAN**
- **EGG**
- **FISH**
- **GARLIC**
- **LUPIN**
- **MILK**
- **MOLLUSC**
- **MUSTARD**
- **NUT** (ALMOND, BRAZIL, CASHEW, CHESTNUT, HAZEL NUT, MACADAMIA, PECAN, PISTACHIO, QUEENSLAND, WALNUT)
- **PEANUT**
- **SESAME SEED**
- **SOYA**
- **SULPHUR DIOXIDE / SULPHITES**

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**I N D E X**

WE LIST OUT ALL OF OUR MENU ITEMS IN THE FOLLOWING SECTIONS. IF YOU HAVE ANY QUESTIONS PLEASE SPEAK TO A MEMBER OF THE MANAGEMENT TEAM.

**P A G E****R E F E R E N C E C O D E**

DRINKS	BB-WINTER-19/20
SMALL PLATES	AA-WINTER-19/20
BURGERS	BB-WINTER-19/20
CHICKEN	AA-WINTER-19/20
VEGGIE / VEGAN BURGERS /SALADS	AA-WINTER-19/20
FRIES AND SIDES	AA-WINTER-19/20
MADE TO ORDER	AA-WINTER-19/20
SAUCES	AA-WINTER-19/20
KIDS	AA-WINTER-19/20
DESSERTS	AA-WINTER-19/20
AVOIDING GLUTEN	AA-WINTER-19/20
AVOIDING GLUTEN (BURGERS)	BB-WINTER-19/20
VEGAN CHOICES	AA-WINTER-19/20
AVOIDING DAIRY	AA-WINTER-19/20
AVOIDING DAIRY (BURGERS)	BB-WINTER-19/20

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# B DRINKS

# Y R

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>COCKTAILS</b>																	
BELLINI	Vegetarians	Vegans															Yes
BLACK CHERRY JULEP	Vegetarians	Vegans															
NOPEROL SPRITZ	Vegetarians	Vegans															
RASPBERRY & PEACH COOLER	Vegetarians	Vegans															
SALTED LIME MARGARITA	Vegetarians	Vegans															
<b>MILKSHAKES</b>																	
BANANA	Vegetarians		Yes														
CHOCOLATE	Vegetarians		Yes														
TRIPLE CHOCOLATE SHAKE	Vegetarians		Yes								Yes						
OREO	Vegetarians		Yes								Yes						
SALTED CARAMEL	Vegetarians		Yes														
STRAWBERRY	Vegetarians		Yes														
VANILLA	Vegetarians		Yes														
EXTRA MALT	Vegetarians		Yes								Yes, Wheat and Barley						

**BOTTLED DRINKS (BEERS, WINE AND SOFT DRINKS)**

FOR ALLERGEN INFORMATION PLEASE ASK A MEMBER OF OUR TEAM TO SHOW YOU THE BOTTLE/LABEL

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# B SMALL PLATES

# Y R

O

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>SMALL PLATES</b>																	
BYRON CRISPS & DIPS	Vegetarians		Yes								Yes						
HALLOUMI FRIES WITH SMOKED CHILLI BBQ SAUCE	Vegetarians		Yes				Yes, Wheat	Yes			Yes	Yes		Yes			
NACHOS	Vegetarians		Yes											Yes		Yes	
SPICY BUFFALO WINGS WITH BLUE CHEESE DIP			Yes				Yes, from fryer oil	Yes						Yes		Yes	
NUGGETS WITH BBQ SAUCE			Yes				Yes, Wheat				Yes			Yes			
MAC AND CHEESE BALLS			Yes				Yes, Wheat				Yes			Yes			

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# N

# B BURGERS

# Y R

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>BEEF</b>																	
THE NEW BYRON CLASSIC			Yes				Yes, Wheat	Yes			*	Yes	Yes	Yes		Yes	
THE AULD SMOKEY (SCOTLAND ONLY)			Yes				Yes, Wheat				Yes		Yes	Yes			
CHILLI			Yes				Yes, Wheat	Yes			*	Yes					
LE BLEU			Yes				Yes, Wheat	Yes			*		Yes	Yes			Yes
BULLEIT BOURBON SMOKEY			Yes				Yes, Wheat and Barley	Yes			Yes		Yes	Yes			Yes
SMASHED AVOCADO (BEEF)							Yes, Wheat	Yes			*	Yes	Yes	Yes			Yes
CHEESE			Yes				Yes, Wheat	Yes			*	Yes					
<b>SKINNY BEEF</b>																	
SKINNY THE NEW BYRON CLASSIC			Yes					Yes				Yes	Yes	Yes			Yes
SKINNY THE AULD SMOKEY (SCOTLAND ONLY)			Yes				Yes, Wheat				Yes		Yes	Yes			Yes
SKINNY CHILLI			Yes					Yes				Yes	Yes				Yes
SKINNY LE BLEU			Yes					Yes					Yes	Yes			Yes
SKINNY BULLEIT BOURBON SMOKEY			Yes				Yes, Wheat and Barley	Yes			Yes		Yes	Yes			Yes
SKINNY SMASHED AVOCADO (BEEF)								Yes				Yes	Yes	Yes			Yes
SKINNY CHEESE			Yes					Yes				Yes	Yes				Yes

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# B CHICKEN

# Y R

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>CHICKEN</b>																	
CLASSIC CHICKEN							Yes, Wheat	Yes			*	Yes		Yes		Yes	
BBQ CHICKEN			Yes				Yes, Wheat				Yes		Yes	Yes		Yes	
CLUCKY SMASHED AVO			Yes				Yes, Wheat	Yes			*			Yes		Yes	
<b>SKINNY CHICKEN</b>																	
SKINNY CLASSIC CHICKEN								Yes				Yes	Yes	Yes		Yes	
SKINNY BBQ CHICKEN			Yes				Yes, Wheat				Yes		Yes	Yes		Yes	
SKINNY CLUCKY SMASHED AVO			Yes				Yes, Wheat	Yes			*		Yes	Yes		Yes	

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# N

# VEGGIE / VEGAN BURGERS / SALADS

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>VEGGIE AND VEGAN</b>																	
CHEESE MELT	Vegetarians		Yes				Yes, Wheat and Barley	Yes			Yes		Yes	Yes		Yes	
CALI CHEESE	Vegetarians	Vegans					Yes, Wheat				*	Yes		Yes		Yes	
THE TRUFFLER	Vegetarians	Vegans					Yes, Wheat				*		Yes	Yes		Yes	
BEETNIK	Vegetarians	Vegans					Yes, Wheat				*		Yes	Yes		Yes	
<b>SKINNY VEGGIE AND VEGAN</b>																	
SKINNY CHEESE MELT	Vegetarians		Yes				Yes, Wheat and Barley	Yes			Yes		Yes	Yes		Yes	
SKINNY CALI CHEESE	Vegetarians	Vegans										Yes	Yes	Yes		Yes	
SKINNY TRUFFLER	Vegetarians	Vegans					Yes, Wheat						Yes	Yes		Yes	
SKINNY BEETNIK	Vegetarians	Vegans											Yes	Yes		Yes	
<b>SALADS</b>																	
CHOPPED SALAD			Yes										Yes				Yes
CHICKEN CLUB			Yes				Yes, Wheat	Yes			*			Yes		Yes	
SUPERFOOD GRAIN SALAD	Vegetarians	Vegans							*		Yes		Yes				Yes
ADD HALLOUMI	Vegetarians		Yes														
ADD GRILLED MARINATED CHICKEN														Yes		Yes	

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# FRIES AND SIDES

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>FRIES</b>																	
FRIES WITH SECRET SEASONING	Vegetarians	Vegans												Yes			
FRIES	Vegetarians	Vegans															
BACON AND CHEESE FRIES			Yes								Yes						
CHEESE FRIES	Vegetarians		Yes								Yes						
COURGETTE FRIES	Vegetarians		Yes				Yes, Wheat							Yes			
SWEET POTATO FRIES	Vegetarians	Vegans															
HAGGIS POUTINE FRIES (SCOTLAND ONLY)			Yes				Yes, Wheat				Yes	Yes		Yes		Yes	
<b>SIDES</b>																	
MACARONI CHEESE	Vegetarians		Yes				Yes, Wheat				Yes						
ONION RINGS	Vegetarians		Yes				Yes, Wheat and Barley							Yes			
HOUSE SLAW	Vegetarians		Yes					Yes									Yes
HOUSE SALAD	Vegetarians	Vegans										Yes					Yes
BLUE CHEESE & BACON WEDGE SALAD			Yes					Yes									Yes
GHERKINS	Vegetarians	Vegans															

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## MADE TO ORDER

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>MADE TO ORDER</b>																	
BYRON MALT BUN	Vegetarians	Vegans					Yes, Wheat				*						
BYRON KIDS BUN	Vegetarians	Vegans					Yes, Wheat				*						
BETROOT FALAFAL PATTY	Vegetarians	Vegans												Yes		Yes	
BEEF PATTY																	
BUTTERMILK FRIED CHICKEN			Yes				Yes, Wheat				*			Yes		Yes	
FRIED JALAPENOS	Vegetarians						Yes, Wheat and Barley							Yes		Yes	
GLUTEN FREE BUN	Vegetarians	Vegans															
MARINATED GRILLED CHICKEN														Yes		Yes	
MAC & CHEESE BALLS (BALLS ONLY)	Vegetarians		Yes				Yes, Wheat				Yes						
PLANT-BASED PATTY	Vegetarians	Vegans															
RUSTIC SKIN-ON CRISPS	Vegetarians	Vegans															
<b>CHEESE</b>																	
AMERICAN CHEESE	Vegetarians		Yes														
BEER BATTERED SMOKED CHEESE	Vegetarians		Yes				Yes, Wheat and Barley							Yes			
BLUE CHEESE			Yes														
BYRON CHEESE	Vegetarians		Yes														
CHEDDAR CHEESE	Vegetarians		Yes														
EMMENTAL	Vegetarians		Yes														
GRANA PADANO			Yes														
HALLOUMI	Vegetarians		Yes														
ITALIAN HARD CHEESE	Vegetarians		Yes														
VEGAN "CHEDDAR"	Vegetarians	Vegans															
<b>TOPPINGS</b>																	
CRISPY ONIONS	Vegetarians	Vegans					Yes, Wheat										
BACON																	
BEER ONIONS	Vegetarians		Yes														
GREEN CHILLIS	Vegetarians	Vegans															
GRILLED ONIONS	Vegetarians	Vegans															
HAGGIS (SCOTLAND ONLY)							Yes, Wheat										
HOUSE SLAW	Vegetarians		Yes						Yes								Yes
JALAPENOS	Vegetarians	Vegans															Yes
PICKLED RED ONIONS	Vegetarians	Vegans															Yes
SMASHED AVOCADO	Vegetarians	Vegans															Yes
SECRET SEASONING	Vegetarians	Vegans												Yes			
MUSHROOMS	Vegetarians	Vegans															
PICKLES	Vegetarians	Vegans															
RAINBOW SLAW	Vegetarians	Vegans											Yes				Yes
HOUSEMADE PICKLES	Vegetarians	Vegans									Yes		Yes				Yes
THREE SEED MIX	Vegetarians	Vegans							*		Yes						
BETROOT	Vegetarians	Vegans															

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# SAUCES

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>SAUCES</b>																	
AMERICAN MUSTARD	Vegetarians	Vegans											Yes	Yes			
BBQ SAUCE	Vegetarians	Vegans					Yes, Wheat				Yes			Yes			
BULLETT BBQ SAUCE	Vegetarians	Vegans					Yes, Wheat				Yes		Yes	Yes			
BUFFALO GLAZE	Vegetarians		Yes											Yes			
BLUE CHEESE DIP			Yes					Yes									Yes
BYRON SAUCE	Vegetarians							Yes				Yes	Yes	Yes			
BYRON CHEESE SAUCE	Vegetarians		Yes							Yes							
CHIPOTLE MAYONNAISE	Vegetarians							Yes				Yes					
GRANA PADANO AIOLI			Yes					Yes						Yes			Yes
MAYONNAISE	Vegetarians							Yes									
WHOLEGRAIN MUSTARD MAYONNAISE	Vegetarians							Yes					Yes	Yes			
RANCH DRESSING	Vegetarians		Yes					Yes						Yes			Yes
RED ONION & PORT JAM	Vegetarians		Yes														Yes
RED PEPPER KETCHUP	Vegetarians	Vegans												Yes			
ROASTED GARLIC "AIOLI"	Vegetarians	Vegans												Yes			Yes
SALSA	Vegetarians	Vegans												Yes			Yes
SMOKED CHILLI BBQ SAUCE	Vegetarians						Yes, Wheat	Yes			Yes	Yes	Yes	Yes			
SMOKED TOMATO KETCHUP	Vegetarians	Vegans										Yes		Yes			
SRIRACHA MAYONNAISE	Vegetarians							Yes						Yes			Yes
SPICY MELTED CHEESE DIP	Vegetarians		Yes								Yes						
TOMATO KETCHUP	Vegetarians	Vegans										Yes					
HOUSE DRESSING	Vegetarians	Vegans											Yes				Yes
VEGAN TRUFFLE "MAYONNAISE"	Vegetarians	Vegans					Yes, Wheat						Yes				
VEGAN TRUFFLE "CHEESE" FONDUE	Vegetarians	Vegans															
WHISKY BBQ SAUCE (SCOTLAND ONLY)	Vegetarians	Vegans					Yes, Wheat				Yes		Yes	Yes			

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<b>MINI CLASSIC</b>																	
WITH FRIES							Yes, Wheat				*	Yes					
WITH HOUSE SLAW			Yes				Yes, Wheat	Yes			*	Yes				Yes	
WITH COURGETTE FRIES			Yes				Yes, Wheat, and from fryer oil				*	Yes		Yes			
WITH SWEET POTATO FRIES							Yes, Wheat				*	Yes					
<b>MINI CHEESE</b>																	
WITH FRIES			Yes				Yes, Wheat				*	Yes					
WITH HOUSE SLAW			Yes				Yes, Wheat	Yes			*	Yes				Yes	
WITH COURGETTE FRIES			Yes				Yes, Wheat, and from fryer oil				*	Yes		Yes			
WITH SWEET POTATO FRIES			Yes				Yes, Wheat				*	Yes					
<b>MINI CHICKEN</b>																	
WITH FRIES							Yes, Wheat				*	Yes		Yes		Yes	
WITH HOUSE SLAW			Yes				Yes, Wheat	Yes			*	Yes		Yes		Yes	
WITH COURGETTE FRIES			Yes				Yes, Wheat, and from fryer oil				*	Yes		Yes		Yes	
WITH SWEET POTATO FRIES							Yes, Wheat				*	Yes		Yes		Yes	
<b>MINI NUGGETS</b>																	
WITH FRIES			Yes				Yes, Wheat				*			Yes		Yes	
WITH HOUSE SLAW			Yes				Yes, Wheat	Yes			*			Yes		Yes	
WITH COURGETTE FRIES			Yes				Yes, Wheat, and from fryer oil				*			Yes		Yes	
WITH SWEET POTATO FRIES			Yes				Yes, Wheat				*			Yes		Yes	
<b>MINI MACARONI CHEESE</b>																	
WITH FRIES	Vegetarians		Yes				Yes, Wheat				Yes						
WITH HOUSE SLAW	Vegetarians		Yes				Yes, Wheat	Yes			Yes					Yes	
WITH COURGETTE FRIES	Vegetarians		Yes				Yes, Wheat, and from fryer oil				Yes			Yes			
WITH SWEET POTATO FRIES	Vegetarians		Yes				Yes, Wheat				Yes						
<b>MINI BEETNIK</b>																	
WITH FRIES	Vegetarians	Vegans					Yes, Wheat				*			Yes		Yes	
WITH HOUSE SLAW	Vegetarians		Yes				Yes, Wheat	Yes			*			Yes		Yes	
WITH COURGETTE FRIES	Vegetarians		Yes				Yes, Wheat, and from fryer oil				*			Yes		Yes	
WITH SWEET POTATO FRIES	Vegetarians	Vegans					Yes, Wheat				*			Yes		Yes	
<b>KIDS DESSERT</b>																	
BANANA	Vegetarians	Vegans															
PIP ORGANIC RAINBOW ICE LOLLY	Vegetarians	Vegans															
VANILLA ICE CREAM	Vegetarians		Yes														
CHOCOLATE ICE CREAM	Vegetarians		Yes														
STRAWBERRY ICE CREAM	Vegetarians		Yes														
ADD CHOCOLATE SAUCE	Vegetarians	Vegans									Yes						
ADD SALTED CARAMEL SAUCE	Vegetarians		Yes														
<b>KIDS MILKSHAKES</b>																	

FOR ALLERGEN INFORMATION PLEASE REFER TO DRINKS ALLERGEN PAGE

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# B DESSERT

# Y R

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>DESSERT</b>																	
OREO COOKIE CHEESECAKE	Vegetarians		Yes				Yes, Wheat				Yes					Yes	
OREO CHEESECAKE FREAKSHAKE	Vegetarians		Yes				Yes, Wheat and Barley				Yes					Yes	
VANILLA CHESS PIE	Vegetarians		Yes				Yes, Wheat	Yes	*								
CHOCOLATE SAUCE	Vegetarians	Vegans									Yes						
CARAMEL BOURBON SAUCE	Vegetarians		Yes														

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# N

# AVOIDING GLUTEN

The below dishes contain non gluten-containing ingredients and can be enjoyed without any changes to our recipes.

	SUITABLE FOR?		DOES IT CONTAIN?																
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals			Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>BEER</b>																			
MAGIC ROCK - FANTASMA GLUTEN FREE IPA	Vegetarians	Vegans																	
<b>WHILE YOU WAIT</b>																			
BYRON HOT CRISPS AND DIPS	Vegetarians		Yes									Yes							
NACHOS	Vegetarians		Yes												Yes			Yes	
<b>SALADS</b>																			
CHOPPED SALAD			Yes												Yes			Yes	
SUPERFOOD GRAIN SALAD	Vegetarians	Vegans								*		Yes		Yes				Yes	
<b>FRIES AND SIDES</b>																			
FRIES	Vegetarians	Vegans																	
BACON CHEESE FRIES			Yes									Yes							
CHEESE FRIES	Vegetarians		Yes									Yes							
SWEET POTATO FRIES	Vegetarians	Vegans																	
GHERKINS	Vegetarians	Vegans																	
HOUSE SLAW	Vegetarians		Yes						Yes										Yes
HOUSE SALAD	Vegetarians	Vegans												Yes					Yes
BLUE CHEESE AND BACON WEDGE SALAD			Yes						Yes										Yes

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# AVOIDING GLUTEN (BURGERS)

We believe everyone deserves squishy buns, so we have handmade an alternative that doesn't contain gluten. You can have these proper hamburgers with a simple bun swap. Enjoy

	SUITABLE FOR?		DOES IT CONTAIN?																	
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals				Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>BEEF (WITH A GLUTEN FREE BUN)</b>																				
CLASSIC										Yes				Yes						
THE NEW BYRON			Yes							Yes				Yes	Yes	Yes			Yes	
CHEESE			Yes							Yes				Yes						
CHILLI			Yes							Yes				Yes						
LE BLEU			Yes							Yes					Yes	Yes			Yes	
SMASHED AVOCADO (BEEF)										Yes				Yes	Yes	Yes			Yes	
<b>CHICKEN (WITH A GLUTEN FREE BUN)</b>																				
CLASSIC CHICKEN										Yes				Yes		Yes			Yes	
<b>VEGGIE AND VEGAN (WITH A GLUTEN FREE BUN)</b>																				
BEETNIK	Vegetarians	Vegans													Yes	Yes			Yes	
CALI CHEESE	Vegetarians	Vegans												Yes		Yes			Yes	
<b>KIDS</b>																				
<b>KIDS MINI CLASSIC (WITH A GLUTEN FREE BUN)</b>																				
WITH FRIES														Yes						
WITH HOUSE SLAW			Yes							Yes				Yes					Yes	
WITH SWEET POTATO FRIES														Yes						
<b>KIDS MINI CHEESE (WITH A GLUTEN FREE BUN)</b>																				
WITH FRIES			Yes											Yes						
WITH HOUSE SLAW			Yes							Yes				Yes					Yes	
WITH SWEET POTATO FRIES			Yes											Yes						
<b>KIDS MINI CHICKEN (WITH A GLUTEN FREE BUN)</b>																				
WITH FRIES														Yes		Yes			Yes	
WITH HOUSE SLAW			Yes							Yes				Yes		Yes			Yes	
WITH SWEET POTATO FRIES														Yes		Yes			Yes	
<b>KIDS MINI BEETNIK (WITH A GLUTEN FREE BUN)</b>																				
WITH FRIES	Vegetarians	Vegans														Yes			Yes	
WITH HOUSE SLAW	Vegetarians	Vegans	Yes							Yes						Yes			Yes	
WITH SWEET POTATO FRIES	Vegetarians	Vegans														Yes			Yes	

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## VEGAN CHOICES

	SUITABLE FOR?		DOES IT CONTAIN?																
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals			Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>SALADS</b>																			
SUPERFOOD GRAIN SALAD	Vegetarians	Vegans								*		Yes		Yes				Yes	
<b>VEGAN</b>																			
BEETNIK	Vegetarians	Vegans						Yes, Wheat				*		Yes	Yes			Yes	
CALI CHEESE	Vegetarians	Vegans						Yes, Wheat				*	Yes		Yes			Yes	
TRUFFLER	Vegetarians	Vegans						Yes, Wheat				*		Yes	Yes			Yes	
<b>SKINNY VEGAN</b>																			
SKINNY BEETNIK	Vegetarians	Vegans												Yes	Yes			Yes	
SKINNY CALI CHEESE	Vegetarians	Vegans											Yes	Yes	Yes			Yes	
SKINNY TRUFFLER	Vegetarians	Vegans						Yes, Wheat						Yes	Yes			Yes	
<b>FRIES AND SIDES</b>																			
FRIES	Vegetarians	Vegans																	
SWEET POTATO FRIES	Vegetarians	Vegans																	
HOUSE SALAD	Vegetarians	Vegans												Yes				Yes	
<b>MADE TO ORDER</b>																			
BEYOND MEAT PATTY	Vegetarians	Vegans																	
PORTOBELLO MUSHROOM	Vegetarians	Vegans																	
ROASTED GARLIC "AIOLI"	Vegetarians	Vegans													Yes			Yes	
SMOKED TOMATO KETCHUP	Vegetarians	Vegans											Yes		Yes				
VEGAN "CHEDDAR"	Vegetarians	Vegans																	
VEGAN TRUFFLE "CHEESE" FONDUE	Vegetarians	Vegans																	
VEGAN TRUFFLE "MAYONNAISE"	Vegetarians	Vegans						Yes, Wheat						Yes					
<b>KIDS MINI BEETNIK</b>																			
WITH FRIES	Vegetarians	Vegans						Yes, Wheat				*			Yes			Yes	
WITH SWEET POTATO FRIES	Vegetarians	Vegans						Yes, Wheat				*			Yes			Yes	

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## AVOIDING DAIRY

The below dishes are suitable for a dairy-free diet.  
Please make sure you tell our Team that you are going dairy-free!

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>SALADS</b>																	
SUPERFOOD GRAIN SALAD	Vegetarians	Vegans							*		Yes		Yes			Yes	
<b>FRIES AND SIDES</b>																	
FRIES	Vegetarians	Vegans															
SWEET POTATO FRIES	Vegetarians	Vegans															
HOUSE SALAD	Vegetarians	Vegans											Yes			Yes	
<b>KIDS</b>																	
<b>KIDS MINI CLASSIC</b>																	
WITH FRIES							Yes, Wheat				*	Yes					
WITH SWEET POTATO FRIES							Yes, Wheat				*	Yes					
<b>KIDS MINI CHICKEN</b>																	
WITH FRIES							Yes, Wheat				*	Yes		Yes		Yes	
WITH SWEET POTATO FRIES							Yes, Wheat				*	Yes		Yes		Yes	
<b>KIDS MINI BEETNIK</b>																	
WITH FRIES	Vegetarians	Vegans					Yes, Wheat				*			Yes		Yes	
WITH SWEET POTATO FRIES	Vegetarians	Vegans					Yes, Wheat				*			Yes		Yes	
<b>KIDS DESSERT</b>																	
BANANA	Vegetarians	Vegans															
RAINBOW PIP ICE LOLLY	Vegetarians	Vegans															

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## AVOIDING DAIRY (BURGERS)

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	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>BEEF</b>																	
CLASSIC							Yes, Wheat	Yes			*	Yes					
THE NEW BYRON (NO BYRON CHEESE)							Yes, Wheat	Yes			*	Yes	Yes	Yes		Yes	
CHILLI (NO AMERICAN CHEESE)							Yes, Wheat	Yes			*	Yes					
SMASHED AVOCADO BEEF							Yes, Wheat	Yes			*	Yes	Yes	Yes		Yes	
<b>SKINNY BEEF</b>																	
SKINNY CLASSIC								Yes				Yes	Yes			Yes	
SKINNY THE NEW BYRON (NO BYRON CHEESE)								Yes				Yes	Yes	Yes		Yes	
SKINNY CHILLI (NO AMERICAN CHEESE)								Yes				Yes	Yes			Yes	
SKINNY SMASHED AVOCADO BEEF								Yes				Yes	Yes	Yes		Yes	
<b>CHICKEN</b>																	
CLASSIC CHICKEN							Yes, Wheat	Yes			*	Yes		Yes		Yes	
<b>SKINNY CHICKEN</b>																	
SKINNY CLASSIC CHICKEN								Yes				Yes	Yes	Yes		Yes	
<b>VEGGIE AND VEGAN</b>																	
BEEFNIK	Vegetarians	Vegans					Yes, Wheat				*		Yes	Yes		Yes	
CALI CHEESE	Vegetarians	Vegans					Yes, Wheat				*	Yes		Yes		Yes	
TRUFFLER	Vegetarians	Vegans					Yes, Wheat				*		Yes	Yes		Yes	
<b>SKINNY VEGGIE AND VEGAN</b>																	
SKINNY BEEFNIK	Vegetarians	Vegans											Yes	Yes		Yes	
SKINNY CALI CHEESE	Vegetarians	Vegans										Yes	Yes	Yes		Yes	
SKINNY TRUFFLER	Vegetarians	Vegans					Yes, Wheat						Yes	Yes	Yes	Yes	

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# B PROPERLY FEASTIVE

# Y R

	SUITABLE FOR?		DOES IT CONTAIN?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphite	Lupin
<b>SMALL PLATES</b>																	
MAC AND BLUE CHEESE CHRISTMAS BAUBLES			Yes				Yes, Wheat	Yes			Yes						Yes
PIGS IN BLANKETS							Yes, Wheat	Yes			Yes		Yes	Yes			Yes
SUPERFOOD GRAIN SALAD	Vegetarians	Vegans							*		Yes		Yes				Yes
<b>MAINS</b>																	
ALL THE HAIL THE TURKEY			Yes				Yes, Wheat	Yes	*		*		Yes	Yes	*		Yes
LE BLEU			Yes				Yes, Wheat	Yes			*		Yes	Yes			Yes
MERRY CHEESEMAS	Vegetarians		Yes				Yes, Wheat and Barley	Yes	*		*		Yes	Yes	*		Yes
<b>SIDES</b>																	
FRIES	Vegetarians	Vegans															
HOUSE SALAD	Vegetarians	Vegans											Yes				Yes
FESTIVE FRIES	Vegetarians		Yes				Yes, Wheat	Yes	*			Yes	Yes	Yes	*		Yes
CARAMELISED ONION GRAVY	Vegetarians	Vegans										Yes		Yes			
<b>SAUCES</b>																	
BREAD SAUCE MAYO	Vegetarians		Yes					Yes					Yes				
CRANBERRY SAUCE	Vegetarians	Vegans															
WHOLEGRAIN MUSTARD MAYO	Vegetarians							Yes					Yes	Yes			
RED ONION AND PORT JAM	Vegetarians		Yes														Yes
<b>DESSERTS</b>																	
VANILLA CHESS PIE	Vegetarians		Yes				Yes, Wheat	Yes	*								
OREO COOKIE CHEESECAKE	Vegetarians		Yes				Yes, Wheat				Yes						Yes
GINGERBREAD CHRISTMAS MILKSHAKE	Vegetarians		Yes														

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# B BRUNCH

# Y R

	Are these items suitable for?		Does it contain?														
	Vegetarians	Vegans	Milk	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Nuts	Peanuts	Soya	Celery	Mustard	Garlic	Sesame Seeds	Sulphur Dioxide	Lupin
<b>Brunch</b>																	
Breakfast Tostada	Vegetarians		Yes					Yes								Yes	
Chicken and Waffles			Yes				Yes, Wheat and Barley	Yes			Yes			Yes			
French Toast	Vegetarians		Yes				Yes, Wheat	Yes	*		Yes				*	*	
Roast Mushroom Tostada	Vegetarians	Vegans															Yes
Ultimate Breakfast Butty			Yes				Yes, Wheat	Yes			*	Yes	Yes	Yes		Yes	
Veggie Butty	Vegetarians		Yes				Yes, Wheat	Yes			*	Yes		Yes		Yes	
<b>Brunch Kids</b>																	
Mini Bacon Butty							Yes, Wheat				*	Yes					
Mini Cheese and Egg Butty	Vegetarians		Yes				Yes, Wheat	Yes			*	Yes					
Mini French Toast	Vegetarians		Yes				Yes, Wheat	Yes			Yes						
Mini Sausage Butty							Yes, Wheat				*	Yes				Yes	
Mini Waffle	Vegetarians		Yes				Yes, Wheat	Yes			Yes						
<b>Made to Order</b>																	
Coconut Chips	Vegetarians	Vegans					*		*		*				*	*	
Corn Salad	Vegetarians	Vegans														Yes	
Cornflake Buttermilk-Fried Chicken			Yes				Yes, Barley							Yes			
Cumberland Patty							Yes, Wheat									Yes	
Fried Egg	Vegetarians							Yes									
Halloumi	Vegetarians		Yes														
Mushroom	Vegetarians	Vegans															
Smashed Avocado	Vegetarians	Vegans														Yes	
Thick Cut Bacon																	
Waffle	Vegetarians		Yes				Yes, Wheat	Yes			Yes						
<b>Sauces</b>																	
Bloody Mary Ketchup	Vegetarians							Yes				Yes	Yes	Yes			
Coconut Crème Pat	Vegetarians							Yes									
Lime Curd	Vegetarians		Yes					Yes									
Salted Caramel Sauce	Vegetarians		Yes														
<b>Drinks</b>																	
Bloody Mary	Vegetarians	Vegans										Yes		Yes		Yes	
Noperol Spritz	Vegetarians	Vegans															

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# N